

USEFUL INFORMATION ABOUT THE SSN CONGRESS 2026

Dear registered participant,

On behalf of **The Society for Nutritional Sciences** (SSN, Romania), I want to thank you again for joining us! Your participation is extremely important and will surely contribute to the success of our Congress.

In order to make your participation as comfortable as possible, here are several bits of information useful to you:

- All the events will run on the ZOOM platform.
- You will receive, prior to May 25th 2026, a ZOOM link allowing you to access the event you have registered for: either for the Webinar on May 25th, for the Congress (May 26-28), or for both events, according to what you registered for.
- The events will have CC (close caption) subtitles for the language you prefer. Each participant will be able to setup his or her own preference. For instance, one could setup for an English speaker to be translated into Romanian, or a Romanian speaker be translated into English, Polish, etc. This can be done from the menu "CC" at the bottom of your ZOOM screen.
- In order to plan ahead for your availability, please visit <https://srsn.ro/ssn-congress-2025/programme-2026/>. Please note that all times are **Eastern European Standard Time** (Bucharest).
- You can read bio about our speakers at <https://srsn.ro/ssn-congress-2025/speakers-2026>.
- **Please try to access the conference link 30 minutes prior to start**, so we have ample time to admit you in the ZOOM room.
- **When you access the link, please use your full name**, the same as you used for the registration process. **Waiting guests who do not comply with this rule will not be admitted**. Names such as "iPhone12", "MyPhone", etc, are not acceptable. If you registered under the name of "Mihai Niculescu", this should be the name for your ZOOM presence at the conference.
- During presentations, your camera and microphone will be turned off by the administrators. You will be able to ask questions in a special Q&A window. Do not use the Chat window for asking questions, as this is very difficult to follow.
- During the "Coffee break – meet the speakers" times, your camera and microphone will be activated by the administrators, so everyone can talk, ask or answer questions.
- During the Webinar (May 25th), camera and microphone activation will be on or off according to what will be needed to achieve at every step.
- To those interested in obtaining **credit points** for participating to either the Webinar or the Congress, **your presence is required for at least 75%** of the entire duration of that respective event. As required by the professional organizations which credited us, your presence online will be strictly monitored. But we hope that your presence will be 100% and that you will find these events extremely interesting!

Please do not hesitate to contact us at contact@srsn.ro should you have any questions. You can find more information about us at <https://srsn.ro/> and <https://fmsb.usv.ro/despre-noi/despre-facultate/>.

Your truly,

Mihai Niculescu, MD, PhD, SSN President

On behalf of the Organizing Committee of the SSN Congress 2026.